Nutri Serve Food

Management, Inc.

Check us out on the Web at:



## **VOLZ & BINGHAM SCHOOLS**

LUNCH MENU



Check us out on the Web at:  www.nsfm.com		Oct ober 2011			
Price List	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Student Lunch \$2.55 Reduced Lunch \$.40 Adult \$3.05	3 # 1 MINI PANCAKES / SYRUP with SAUSAGE PATTY	4 **# 1 BEEF & MACARONI** ** w GARLIC STICK **	5 **# 1 BAKED MOZZARELLA STIX** ** w/ GARLIC PASTA **	6 **# 1 CHICKEN NUGGETS** with ** Dinner Roll**	7 <u># 1 DOMINO'S</u> CHEESY PIZZA
Milk \$.50	Lunch Choice includes: Hash Brown Potato	Lunch Choice Includes: Garden Green Beans	Lunch Choice includes: Seasoned Vegetables	Lunch Choice Includes:  Baked French Fries	Lunch Choice Includes: Caesar Salad w/ Croutons
** MARKS** WHOLE GRAIN PRODUCTS	100% Juice Cup Cinnamon Apples	Mixed Green Salad Diced Pears	Three Bean Salad Mixed Fruit Cup	Pretzel Nuggets Peach Pieces	Harvest Pudding Celery Stix w / Dip
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
Veggie of the Month	# 2 Turkey Grab & Go:Turkey	& Cheese Hoagie, Fun Size Snack	Fruit Juice Cup, Daily Fruit& Mill	k Choice	
Broccoli	10	Fire Prevention Week 11	12	13	14
Fruit of the Month	School Closed	# 1 MEATBALL PARMESAN	# 1 CHICKEN PATTY	**# 1 MEXICAN SALAD**	# 1 DOMINO'S
Pears		**on a TORPEDO ROLL**	<u>**on a BUN**</u>	w **FIESTA CHIPS	CHEESY PIZZA
All Students Need To Fill		Lunch Choice Includes:	Lunch Choice includes:	Lunch Choice Includes:	Lunch Choice Includes:
Out Tickets To Receive		Oven Baked Fries	Seasoned Green Beans	Tex-Mex Corn	Romaine Salad w / Dressing
<u>A Lunch</u>	9999	100 % Juice Cup	Mini Carrots w /Hummus Dip	Cinnamin Churro	Orange Smiles
	Columbus Day	Diced Peaches	Fresh Pears	Mixed Fruit Cup	Fruit Crisp
Milk Choices include:		Milk Choice	Milk Choice	Milk Choice	Milk Choice
White, Chocolate, Strawberry		nnamon Toast Crunch Cereal, 2 oz	cheese, Graham Crackers, 100	% Fruit Juice Cup, Daily Fruit &	Milk Choice
Vanilla or Skim	School Bus Safety Week 17	18	19	20	21
	** #1 CHICKEN NUGGETS**	** #1 GRILLED CHEESE **	**# 1 PASTA & MEATSAUCE**	**# 1 CHEESEBURGER	<u># 1 DOMINO'S</u>
Extra Bread Basket available daily	** with DINNER ROLL**	**SANDWICH**	**with GARLIC STICK**	** on a BUN**	CHEESY PIZZA
	Lunch Choice includes:	Lunch Choice includes:	Lunch Choice includes:	Lunch Choice Includes:	Lunch Choice Includes:
#3 Student Salad Plate:	Glazed Carrots	Oven Baked Fries	Seasoned Green Beans	**Macaroni & Cheese**	Broccoli Bites w/ Dip
Mixed greens with seasonal	Caesar salad Cup	Celery Boats with Dip	Fresh Garden Salad	Lettuce & Tomato Toppers	Black Bean Brownie
vegetables topped with diced	Sliced Apples	Fruit Medley	Peach Pieces	Pineapple Chunks	Fresh Red Delicious Apple
egg & cheese. Crackers,	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	#2 YOUGURT GRAB & GO:	Greek Yougurt, Graham Crackers	100% Fruit Juice Cup, DailyFruit		
milk included.	24	25	26	27	
	**# 1 FR. TOAST STICKS** with SAUSAGE LINKS	**# 1 OVEN BAKED CHICKEN**  **with DINNER ROLL**	**# 1 TACO TWINS**  **with SOFT TORTILLA SHELLS**	# 1 CHICKEN FRYS **with DINNER ROLL	# 1 DOMINO'S CHEESY PIZZA
	Lunch Choice Includes:	Lunch Choice includes:	Lunch Choice includes:	Lunch Choice includes:	Lunch Choice Includes:
#4 Uncrustable Grab n Go:	Hash Brown Potato	Mashed Potatoes	Mexican Rice & Beans	Glazed Carrot Coins	Fresh Banana
Uncrustable sandwich with fun	100% Juice Cup	Choc-o-Chip Cookie	Cheese,Lettuce,Tomato,Salsa Cup	Mixed Green Salad	Caesar Salad / Dressing
size bag of snacks, juice cup,	Fresh Orange Smiles	Sliced Peaches	Chilled Pineapples	Fruit Medley	Jell-O w/ Topping
daily fruit & milk included	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	#2 CEREAL GRAB & GO: Cinnamon Toast Crunch Cereal, 2 oz cheese, Graham Crackers, 100% Fruit Juice Cup, Daily Fruit & Milk Choice				
Snacks-	31				
Cookies- \$. 25	1 / 2 Day Session				
Soft Pretzels - \$.50					
Bagged Snacks -\$ .50-\$.60	No Lunches Served				
Water Bottles-\$.50-\$1.00	<b>60</b> -0-0-				
Switch-\$1.25	- APPY				
			ı	l	ı

Menu subject to change without notice. Questions or Comments Call-

Can Drinks-\$1.50

Ice Cream- \$.75-\$1.00

Food Service Director -Gayle Grover

# 2 Turkey Grab & Go:Turkey & Cheese Hoagie, Fun Size Snack, Fruit Juice Cup, Daily Fruit & Milk Choice

Phone- 931-5353 Ext. 227 or

e-mail run@nsfm.com