

Runnemede Public Schools

Health Office

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Asthma Medication

If your son or daughter uses any type of asthma medication (including an inhaler) either daily or as needed, an **Asthma Action Plan** will need to be completed and submitted to your child's school nurse. The State of New Jersey has implemented the use of an Asthma Action Plan for those students who have a diagnosis of asthma. According to New Jersey Law, NJSA 18A: 40-12.8

"Each pupil authorized to use asthma medications... or a nebulizer must have an asthma treatment plan prepared by the physician of the pupil, which shall identify, at a minimum: asthma triggers, the treatment plan, and such other elements as shall be determined by the State Board of Education."

The Asthma Action Plan is designed to help you talk to your Health Care Provider, your School Nurse or Child Care Provider, and your child about managing asthma. The New Jersey Department of Education and the New Jersey Department of Health and Senior Services endorse the Asthma Action Plan.

All Asthmatic students are required to have an Asthma Action Plan. These forms (Self-medication Dispensing Form and/or Medication Dispensing Form) can be printed off of the school's website (www.runnemedeschools.org) or are available in the school's nurses' office. **These forms are required to be completed by parents and physicians according to New Jersey State Law N.J.S.A 18A: 40-12.8.**

In addition to the Asthma Action Plan form, your child's physician must also complete a Medication Dispense Form allowing the nursing staff to assist or medicate your child during an asthma attack. If you should have any questions please contact the nurse's office. Thank you in advance for your cooperation and attention to this matter